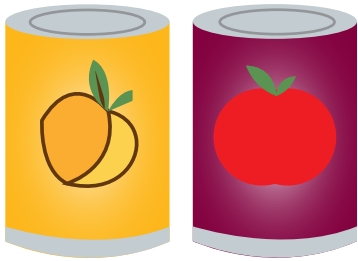
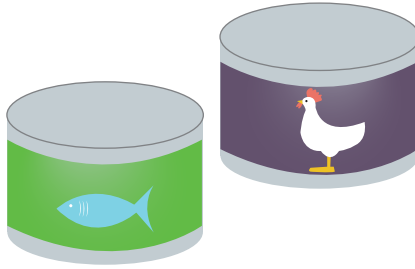


# MOST NEEDED DISASTER RELIEF ITEMS

## CANNED FRUITS & VEGGIES (pop top cans)



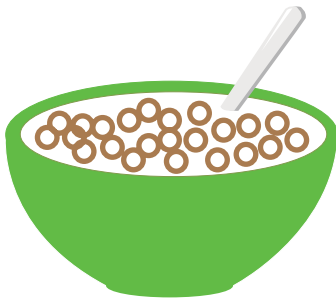
## CANNED MEAT & FISH (pop top cans)



## CANNED BEANS & SOUP (pop top cans)



## CEREAL, OATS & OATMEAL



## WHOLE GRAIN PASTA & RICE



## PEANUT BUTTER



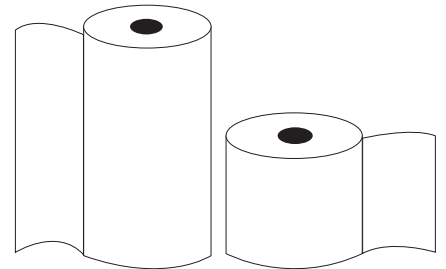
## HYGIENE ITEMS



## HOUSEHOLD ITEMS



## PAPER PRODUCTS



## BEVERAGES

Powdered Milk      Cocoa  
Instant Tea      Drink Mixes  
Coffee      Juice

## OTHER FOODS

Dried Meats  
Dried Fruits  
Nuts, Seeds & Trail Mix  
Granola & Protein Bars  
Single serving meals that do not  
require refrigeration or cooking

**FOOD  
BANK**



OF CENTRAL  
& EASTERN  
NORTH  
CAROLINA

HURRICANE  
**FLORENCE**

POP TOP CANS & MICROWAVABLE CUPS PREFERRED  
LOW SODIUM • LOW TRANS FAT • SUGAR FREE • NO GLASS  
FOODBANKCENC.ORG