

MAKE YOUR MOTHER PROUD.



**MOVERS
FOR
MOMS**
TWO MEN AND A TRUCK.

**MUTUAL
GROUND**
Where the Healing Begins

Help moms in need this Mother's Day.

Your donation to *Movers for Moms*® helps local mothers currently staying at Mutual Ground create a better life for themselves and their families.

Drop off **new, un-opened**, essential care items at Northwestern Medicine Field, Home of the Kane County Cougars on May 9th. Much needed items include:

- Gift cards (Uber, Jewel, Meijer, Walmart, Home Depot, Target, Kohls, Old Navy, Forever 21, Amazon, Best Buy, Walgreens, CVS)
- Athletic shoes
- Diapers, baby wipes, teething toys, pacifiers, sippy cups
- Utensils
- Plastic drinking glasses
- Body spray
- African American hair styling products
- Brooms, dust pans, mops
- Toilet paper, paper towels
- Zip bags (quart & gallon sized)
- Kitchen garbage bags
- Lawn trash bags
- Laundry detergent
- Hand soap
- Dishwasher detergent
- Monetary donations. Make check payable to *Mutual Ground*

WE THANK YOU FOR SUPPORTING *Movers for Moms*® AND THE MUTUAL GROUND MISSION:

To provide education, awareness, and life-changing services that empower individuals, families, and communities to end the cycle of domestic and sexual violence.

Follow our progress on Facebook: <https://www.facebook.com/tmtnorthaurora/>