



A Health and Wellness Assembly Opportunity For Your School!

**Featuring the RAILRIDERS mascot CHAMP &
Cigna's health professionals!**

AND BY



WHAT IS THE FIT TRACK ASSEMBLY PROGRAM?

The purpose of the Fit Track health and wellness assembly is to educate and encourage kids to live healthy and active lifestyles with the help of the RailRiders, CHAMP, and Cigna. This FREE assembly is designed to easily be integrated into your school's physical education or health programs. Our 2020 program is geared towards grades K – 6.

SCHOOLS RECEIVE:

- **A PROMOTIONAL POSTER TO DISPLAY IN YOUR SCHOOL WITH YOUR SCHOOL'S ASSEMBLY DATE**
- **A FREE EDUCATIONAL 30min HEALTH AND WELLNESS SCHOOL ASSEMBLY PROGRAM CREATED WITH HELP FROM CIGNA'S HEALTH PROFESSIONALS**
- **A CERTIFICATE OF COMPLETION AND SPECIAL GIFT FROM THE RAILRIDERS AND CIGNA FOR EACH STUDENT WHO ATTENDED THE ASSEMBLY**
- **A TICKET LINK SO EACH OF THE PARTICIPATING STUDENTS CAN CLAIM A FREE TICKET TO A SELECTED RAILRIDERS GAME! WHEN SHARED WITH PARTICIPATING STUDENTS' PARENTS/GUARDIANS, PARENTS CAN CLAIM THEIR CHILD'S FREE TICKET AND HAVE THE OPPORTUNITY TO PURCHASE THEIR OWN TICKETS**

**TO SCHEDULE YOUR ASSEMBLY, CONTACT JORDAN MAYDOLE, DIRECTOR OF COMMUNITY
RELATIONS: JMAYDOLE@SWBRILRIDERS.COM 570-558-4616**