

MEDIA



MEDIA INFORMATION

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CREDENTIALS: Credentials are available upon request for legitimate news-gathering organizations. Requests should be made in writing on company letterhead and sent to the Sounds' media relations department via e-mail (ChadS@nashvillesounds.com). Requests must be received at least 24 hours in advance to guarantee timely processing. Credentials are to be picked up at the First Tennessee Park will call window.

***Note:** No spouses, guests, or children of media members will be issued credentials. Sounds credentials are non-transferable. Credentialed members of the media are prohibited from requesting or accumulating autographs or equipment on the playing field or in the dugout or clubhouse. Any violation of these guidelines may result in immediate revocation of the credential and future access. Only credentials issued by the Nashville Sounds, Oakland Athletics, Pacific Coast League, Major League Baseball, or Minor League Baseball will be honored. All credentials must be visible at all times.

PHOTOGRAPHERS: Photographers must work out of the camera bays located at the far ends of each dugout. Chairs are available in the dugouts. When exiting the field, please use the gate leading to the stands at the far end of each dugout. If you wish to switch dugouts, please wait until the half-inning is complete and walk along the track behind home plate to the other side. Do not enter the playing field at any time. Photographers must gain permission from Media Relations department to shoot from behind home plate area.

CLUBHOUSE ACCESS: Access to the Sounds clubhouse before and after games will be limited to those organizations that are filing on a nightly deadline. All other media outlets will be asked to conduct interviews on the field prior to batting practice. Clubhouse access will be granted to all media when special situations arise, as determined by the Nashville Sounds. Pre-game access to the clubhouse will be determined by the Sounds field staff. The clubhouse will be open to the media no later than 15 minutes after the conclusion of the game. The clubhouse is not accessible during rain delays and between games of a doubleheader, unless otherwise arranged with the Sounds Media Relations Department. Access to the visiting clubhouse is subject to the visiting team's guidelines. **THE TRAINER'S ROOM IS CLOSED TO THE MEDIA AT ALL TIMES.**

FIELD ACCESS: All credentialed media members will be given access to the playing field prior to each game. At no time will media members be allowed in fair territory or beyond first or third base. Pre-game interviews must be conducted at the conclusion of Sounds batting practice and during the visitor's batting practice. All non-uniformed personnel must clear the field at the conclusion of the visiting team's batting practice unless that individual has credentials for in-game privileges (photo pass). If you plan to interview a player/coach for longer than five minutes, please make arrangements at least 24 hours in advance through the Sounds Media Relations Department (615-515-1107).

GAME NOTES/STATISTICS: All media information is available in the press box three hours prior to game time. Game notes are also available for online viewing at www.nashvillesounds.com.

SOUNDS ON THE AIR



JEFF HEM - PLAY-BY-PLAY BROADCASTER

Jeff Hem continues to serve as the “Voice Of The Sounds” for the 2019 season. He enters his eighth year in Music City and his 16th overall season behind the microphone.

In 2012, Hem arrived in Nashville with eight seasons and over 1,100 games of professional baseball experience under his belt. He spent the previous seven seasons with the Single-A Kane County Cougars of the Midwest League, including 2009 when the Cougars, then an A’s affiliate, were managed by former Sounds skipper Steve Scarfone.

Career highlights for the 36-year-old include calling the inaugural game at First Tennessee Park on April 17, 2015, serving as the television broadcast announcer for the 2007 Midwest League All-Star Game and broadcasting from Wrigley Field in July 2008 and July 2010, when his Cougars club faced the Peoria Chiefs on the Chicago Cubs’ home field. He also broadcast from Busch Stadium

in May 2011 when the Cougars played Quad Cities in a matchup of Royals-Cardinals affiliates.

His additional duties for the Sounds include sponsorship and corporate sales and performing public speaking engagements. In the off-season, Hem continues to call the play-by-play action for several games, doing radio for select MTSU men’s basketball games, radio for basketball and football state tournament games on the TSSAA Network, and doing television for “High School Hoops” on MyTV30.

A native of Aurora, Illinois and a graduate of the University of Iowa, Hem began his broadcasting career while in college before completing an internship with the Battle Creek Yankees en route to gaining his position with Kane County. He and his wife, Alissa, reside in Hendersonville, Tenn., with their two children.

97.5 HALLELUJAH FM

All 2019 Nashville Sounds radio broadcasts will be carried by iHeartRadio’s 97.5 Hallelujah FM in Nashville, Tennessee.

In addition to the 97.5 FM airwaves, all game broadcasts will be available on a live internet webcast at www.nashvillesounds.com, as well as the MiLB First Pitch app and the iHeartRadio app.

All broadcasts will begin with the Purity Dairies pre-game show 15 minutes prior to first pitch and close with a 15-minute Cook’s Pest Control post-game show.

Broadcaster Jeff Hem will call all 140 games.

PRE-GAME FIELD SCHEDULE

12:05 GAME TIME

Sounds BP & Infield
Visitor BP & Infield
Grounds Crew Prep
Plate Meeting
National Anthem

ON FIELD

9:30 a.m.
10:15 a.m.
11:15 a.m.
11:57 a.m.
12:00 noon

OFF FIELD

10:15 a.m.
11:15 a.m.
12:00 noon

2:05 GAME TIME

Sounds BP & Infield
Visitor BP & Infield
Grounds Crew Prep
Plate Meeting
National Anthem

ON FIELD

11:30 a.m.
12:15 p.m.
1:15 p.m.
1:57 p.m.
2:00 p.m.

OFF FIELD

12:15 p.m.
1:15 p.m.
2:00 p.m.

6:15 GAME TIME

Sounds BP & Infield
Visitor BP & Infield
Grounds Crew Prep
Plate Meeting
National Anthem

ON FIELD

3:40 p.m.
4:25 p.m.
5:25 p.m.
6:07 p.m.
6:10 p.m.

OFF FIELD

4:25 p.m.
5:25 p.m.
6:10 p.m.

6:35 GAME TIME

Sounds BP & Infield
Visitor BP & Infield
Grounds Crew Prep
Plate Meeting
National Anthem

ON FIELD

4:00 p.m.
4:45 p.m.
5:45 p.m.
6:27 p.m.
6:30 p.m.

OFF FIELD

4:45 p.m.
5:45 p.m.
6:30 p.m.

7:05 GAME TIME

Sounds BP & Infield
Visitor BP & Infield
Grounds Crew Prep
Plate Meeting
National Anthem

ON FIELD

4:30 p.m.
5:15 p.m.
6:15 p.m.
6:57 p.m.
7:00 p.m.

OFF FIELD

5:15 p.m.
6:00 p.m.
7:00 p.m.



BASEBALL TERMINOLOGY & GUIDELINES

Consecutive-Game Hitting Streak: A consecutive-game hitting streak shall not be terminated if a player's plate appearances (one or more) result in a base on balls, hit by pitch, defensive interference or sacrifice bunt. The streak shall terminate if a player has a sacrifice fly or no hit.

Consecutive-Game Playing Streak: A consecutive-game playing streak shall be extended if the player plays one-half inning on defense or if he completes a time at bat by reaching base or being put out. A pinch-running experience only shall not extend the streak. If a player is ejected from a game by an umpire before he can comply with the requirements of this rule, his streak shall continue.

Day/Night Game: Any game scheduled to start at or after 5:00 p.m. will be considered a night game. If a game is scheduled to start before 5 p.m. and is delayed by rain or for any other reason, it shall be considered a day game. However, both games of a two-night doubleheader shall be considered night games. When afternoon and night games are played on the same day and separate admissions are charged, they will be counted as one day and one night game and will not be considered a doubleheader.

Determining Games Back in Standings: Determine the games above .500 of team in first place, minus the games above .500 of the team you're trying to figure out. Example: If the team in first is 5 games above .500 and you are trying to figure out how many games back a team is that is one game above .500, then $5 - 1 = 4$, so the team is 4 games back. Or the number of fewer wins plus the number of extra losses than the leader in the standings, divided by 2.

Magic Number: Determine the number of games yet to be played, add one, then subtract the number of games ahead in the loss column of the standings from the closest opponent.

Qualifying Marks: In order to qualify for a league batting title, a player must have a minimum of 2.7 plate appearances per team game. To qualify for an earned run average title, a pitcher must have accumulated a minimum of 0.8 inning pitched per game.

Quality Start: Defined as a start where a pitcher lasts six or more innings and gives up three or fewer earned runs.

Save Rule: Credit a pitcher with a save when he meets all three of the following conditions: (1) He is the finishing pitcher in a game won by his club; (2) He is not the winning pitcher; and (3) He qualifies under one of the following conditions: (a) He enters the game with a lead of no more than three runs and pitches for at least one inning; or (b) He enters the game, regardless of the count, with the potential tying run on either base, or at bat, or on deck; or (c) He pitches effectively for at least three innings. No more than one save can be credited in each game.

Hold Rule: The hold is not an official statistic, but it was created as a way to credit middle relief pitchers for a successful outing. If a reliever comes into a game to protect a lead, gets at least one out and leaves without giving up that lead, he is credited with a hold. You cannot get a save and a hold in the same game.

Winning Pitcher: The starting pitcher will be credited with the win only if the pitcher has pitched at least five complete innings and his team not only is in the lead when he is replaced, but remains in the lead the remainder of the game. EXCEPTION: The "must-pitch-five-complete-innings" rule in respect to the starting pitcher shall be in effect for all games of six or more innings. In a five-inning game, credit the starting pitcher with a game won only if he has pitched at least four complete innings and his team not only is in the lead when he is replaced, but remains in the lead for the remainder of the game. When the starting pitcher does not meet the preceding criteria and more than one relief pitcher is used, the victory shall be awarded on the following basis:

1. When, during the tenure of the starting pitcher, the winning team assumes the lead and maintains it to the finish of the game, credit the victory to the relief pitcher judged by the official scorer to have been the most effective.
2. Whenever the score is tied, the game becomes a new contest insofar as the winning and losing pitcher is concerned.
3. Once the opposing team assumes the lead, all pitchers who have pitched up to that point are excluded from being credited with the victory, except the current pitcher.
4. The winning relief pitcher shall be the one who is the pitcher of record when his team assumes the lead and maintains it to the finish of the game. EXCEPTION: Do not credit a victory to a relief pitcher who is ineffective in a brief appearance, when a succeeding relief pitcher pitches effectively in helping his team maintain the lead. In such cases, credit the succeeding relief pitcher with the victory.

Determining Batting Average: Divide the number of at-bats by the number of hits.

Determining Earned Run Average: Take the number of earned runs, multiply by nine, and divide by innings pitched.

Determining Fielding Percentage: Divide the total number of putouts and assists by the combined total of putouts, assists, and errors.

Determining Slugging Percentage: Divide the total bases of all hits by the total times at bat (at-bats do not include walks, sacrifices, times awarded first base on interference or obstruction, or when hit by pitcher).

Determining On-Base Percentage: Add hits, walks, and hit by pitches, then divide by the combined total of at-bats, walks, hit by pitches, and sacrifice flies (times awarded first base on interference or obstruction are not figured into OBP).

Major League Rookie Status: A player is considered a rookie if he has no more than 130 at-bats or 50 innings pitched in the big leagues. He is not a rookie if he has spent more than 45 days on a major-league roster during the 25-player limit, even if he has fewer than 130 at-bats or 50 innings pitched (service time requirement excludes stints on the DL or in the military).

TRANSACTION TERMINOLOGY

Options: When a player is on the 40-man roster and in the minor leagues, he is on “optional assignment.” Players have three option years and can be sent up and down as many times as the club chooses within those seasons but will only be charged with one option per season. When a player is “out of options,” he will have to clear irrevocable waivers in order to be removed from the 40-man roster and sent to the minor leagues.

Waivers: If a player placed on major league waivers is not claimed by another team within two business days after waivers have been requested, then the player has “cleared waivers” and the team has secured waivers for the remainder of the waiver period. The team can do one of three things:

1. Send the player to the minors via outright assignment; or
2. Trade the player to another team, even if the trading deadline has passed; or
3. Release the player.

Note: Any trades involving a 40-man roster player (July 31 through the end of the regular season) may only involve players who have cleared major league waivers.

If a player does not clear waivers (claimed by another team or teams), the club requesting waivers may withdraw the waiver request. If the club does not withdraw the waiver request, the player's contract is assigned as follows:

- a. If only one claim is entered, the player's contract is assigned to that claiming club.
- b. If more than one club in the same league makes claims, the club currently lower in the standings gets the player.
- c. If clubs in both leagues claim the player, preference shall always go to the club in the same league as the club requesting waivers.

Designated For Assignment: This transaction allows a club to open a roster spot for up to a 10-day period while waiting for a player to clear waivers, after which he must be released, traded, or assigned to the minor leagues.

Recalled vs. Contract Selected: If a player is on the 40-man roster, he is “recalled.” If not, then his “contract is selected” from the minor league team. A player must be added to the 40-man roster when his contract is selected.

Rule 5 Draft: A player not on the 40-man roster is eligible for this yearly December draft if:

1. The player was 18 or younger when he first signed a pro contract and this is the fourth Rule 5 draft since he signed; or
2. He was 19 or older when he first signed a pro contract and this is the third Rule 5 draft since he signed.

Major League Rehab Assignment: A major league player may be assigned to a minor league affiliate for the purpose of injury rehabilitation for a maximum of 20 days for non-pitchers and 30 days for pitchers. The player continues to receive his major league salary. Any service with the minor league club shall be deemed major league service. Rehabilitation assignments do not count as optional assignments.

Pacific Coast League Roster Limits: Class AAA rosters are limited to 25 active players throughout the entire playing season. Minor League Disabled List: Players placed on the disabled list must remain on the list for a minimum of seven consecutive days. Players on the D.L. do not count toward a team's roster limit.

BASEBALL MEDICAL GLOSSARY

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NASHVILLE, TENNESSEE

Nashville is the capital of Tennessee and the entertainment, cultural, and commercial center of the Mid-South. With a metropolitan population of more than 1.63 million, Nashville has the largest population of any metropolitan area in Tennessee, which puts it among the 30 largest in the nation. In the past 15 years, the population of the Nashville area has grown by nearly 30 percent.

During the winter of 1779–1780, James Robertson and John Donelson founded a settlement at Big Salt Lick by the Cumberland River at the present site of the city. They built forts on both sides of the river, naming one of them Fort Nashborough in honor of Francis Nash, a Revolutionary War general. In 1784, the town was named Nashville, and it was incorporated as a city in 1806. The city serves as the final resting place of two U.S. presidents -- Andrew Jackson and James K. Polk.

Nashville is a pleasant mix of big-city entertainment and “down home” friendliness. Nashville’s location places it near the nation’s population center. Major cities such as St. Louis, Cincinnati, Memphis, Atlanta, & Birmingham can all be reached by car within 3-5 hours.

The city is also the cornerstone of the Mid-South economy. It has become a leader in printing and publishing, music and entertainment, finance and insurance, healthcare management, manufacturing, and tourism.

Internationally-known companies with corporate headquarters in Nashville include:

American General, Bridgestone/Firestone, Caterpillar Financial, CNA Insurance, Cracker Barrel, Dollar General, Gaylord Entertainment, Genesco, HCA, Primus Automotive Financial Services, Shoney’s, and Thomas Nelson, Inc.

In addition, BellSouth, Caremark, Dell Computer Corp., Gibson Guitar Corp., Ingram Industries, Lifeway Christian Resources, Nissan, O’Charley’s, and Saturn also have significant corporate operations in the city.

When it comes to having a good time, Nashville has many entertainment options, offering a multitude of sporting events, recreational opportunities, the largest movie theatre east of the Mississippi River, restaurants, parks, and shopping malls.

The sports landscape in Nashville includes two major-league teams. The Tennessee Titans have brought the National Football League to Nashville. The Titans play in the 68,000-seat Nissan Stadium, which is located on the east bank of the Cumberland River across from downtown. In addition, the Nashville Predators have introduced the National Hockey League to the mid-state. They play in the state-of-the-art 18,000 seat Bridgestone Arena. And, of course, the Sounds, a constant in the city since 1978, compete in the Pacific Coast League as the eldest active pro sports franchise in Middle Tennessee.

The city is also home to numerous special events. In the past decade alone, the city has hosted events such as the U.S. Figure Skating Championships, the NCAA men’s and women’s basketball tournaments, the SEC men’s and women’s basketball tournaments, numerous AAU national championships, and the U.S. Swimming Championships. Each year, Nashville hosts the highly-popular Country Music Marathon and the Music City Bowl, which pits teams from the Big Ten and SEC against one another each December at Nissan Stadium.

Known as “Music City USA”, Nashville is a city who music tastes range from country to rock to gospel. The city has several major concert venues and many big-name concert tours make a stop in Nashville. The city also serves as home to the Grand Ole Opry, the nation’s longest-running weekly radio show, and the Country Music Hall of Fame. Nashville also serves as the center of the country music industry and is one of the top recording centers in the nation.

The nightlife in downtown Nashville is always an intriguing scene. Along with the music clubs, where some of today’s top country music stars got their start, there is the Hard Rock Café and the Wildhorse Saloon. All of these are located around historic Second Avenue, the focal point of downtown.

Nashville’s cultural environment has helped the city earn its other nickname, the “Athens of the South.” Nashville is well-known as a major education center. The area’s 18 accredited four-year and postgraduate institutions are an integral part of the economic and cultural identity of the area.

The city also offers numerous cultural and artistic venues. It is home to nine performing arts facilities, including the Tennessee Performing Arts Center which is the home to a wide range of events, including Broadway musicals and performances by the Nashville Ballet, Nashville Opera, and the Nashville Symphony, which performs in the state-of-the-art Schermerhorn Center.

The city is also home to seven art galleries, 25 museums (including the Tennessee State Museum), numerous historic sites (like The Hermitage -- home of President Andrew Jackson, an exact replica of the Parthenon, and the Natchez Trace Parkway), and an upgraded public library system that includes a \$50 million downtown library.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.