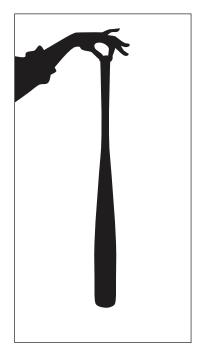


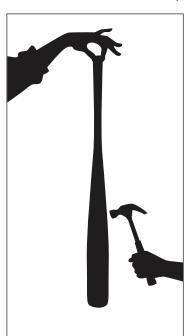
FINDING THE SWEET SPOT

WHAT IS THE SWEET SPOT?
BASEBALL PLAYERS TRY OT HIT A BASEBALL ON THE SWEET SPOT OF THE BAT
BECAUSE HITTING THE BALL ON THAT SPOT MAKES THE BALL GO REALLY FAR!

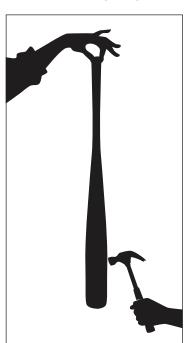
MATERIALS: WOODEN BASEBALL BAT, HAMMER AND MASKING TAPE



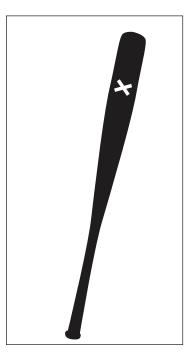
TO FIND THE SWEET SPOT ON YOUR BASEBALL BAT, HOLD THE BAT LOOSELY BETWEEN YOUR THUMB AND FINGERS SO THAT IT IS HANGING DOWN TOWARD THE GROUND.



HAVE A FRIEND GENTLY
TAP THE BAT WITH A
HAMMER EVERY INCH
OR SO STARTING FROM
THE MIDDLE OF BAT AND
WORKING THEIR WAY
DOWN.



AS YOUR FRIEND TAPS ON THE BAT, YOU WILL FEEL VIBRATIONS TRAVELING UP THE BAT TO YOUR FINGERS. BUT WHEN THE HAMMER FINDS THE SWEET SPOT, YOU WON'T FEEL VIBRATIONS.



DOES THE HAMMER MAKE
A DIFFERENT SOUND
WHEN IT TAPS ON THE
SWEET SPOT OF THE BAT?
MARK THE SWEET SPOT
WITH A SMALL PIECE OF
MASKING TAPE.

READY FOR THE SCIENCE SCOOP?

WHN YOU HIT THE BAT WITH THE HAMMER, IT PUSHES THE BAT SIDEWAYS A LITTLE AND MAKES THE BAT BEND. THE BEND IS SO SMALL THAT YOU CAN'T SEE IT. BUT IT BENDS AND UNBENDS REALLY FAST - SO FAST THAT YOU CAN FEEL IT ALL THE WAY UP TO YOUR HAND.

IF YOU HIT A BAT AT THE SWEET SPOT, THE BAT DOESN'T BEND AS MUCH, SO YOU DON'T FEEL ANY VIBRATIONS IN YOUR HAND. BECAUSE ENERGY IS NOT WASTED ON VIBRATIONS, MORE ENERGY TRANSFERS TO THE BALL, MAKING IT GO FASTER AND FARTHER.